HOLLAND PARK SCHOOL | 2025-2026

Continuity Curriculum

An online shadow curriculum for students temporarily out of lessons to ensure continuity of learning

Year 7 Geography

Week Beginning	Lesson Title	Lesson Objective	Online Lesson Link	Any additional instructions?
8 th September	Lesson 1: What is Geography?	To understand the two main types of Geography and how they differ	https://www.thenational.academy/pupils/lessons/geography-in-secondary-school/video	 Watch the video. Then answer the following question in full sentences: What is geography, and what three main parts does it study? What is "physical geography"? Give one example of something it covers. What is "human geography"? Name one topic that falls under this type of geography. What does "environmental geography" focus on, and why is it important? What does the term "locational knowledge" mean, and how do maps and globes help with this? Explain one common mistake people make about geography and why it's not fully correct.
	Lesson 2: what are grid references?	To understand how grid references work	https://www.thenational.academy/pupils/lessons/four-and- six-figure-grid-references/video	Watch the video. Then answer the following questions in full sentences:

15 th September				 What are "eastings" and "northings"? Which way do they go on a map? (Hint: Think about which goes across and which goes up.) When giving a four-figure grid reference, which numbers do you write first – eastings or northings? Why? (Hint: Use the phrase "along the corridor, up the stairs" to help you.) Look at the example of St Mary's Island. How do we get the four-figure grid reference 3575? What is the difference between a four-figure and a six-figure grid reference? (Hint: Which one gives a more exact location?) The lighthouse is in grid square 25 84. The six-figure reference is 256847. Explain how we find the extra numbers to make it a six-figure reference. Write down the six-figure grid references for the places below (from the video): The lighthouse: The school: The oceanarium: King Edward's Bay Beach:
22 nd September	Lesson 3 – What is relief	To understand how to use contour lines on OS maps to describe the height and shape of the land	https://www.thenational.academy/pupils/lessons/showing- height-and-relief-on-os-maps-24161/video	 Watch the video and answer the following questions in full sentences: What are contour lines, and what do they show on an OS map? What is a spot height, and how is it different from contour lines? If contour lines are very close together on a map, what does this tell you about the land's slope? How can you tell if land is flat or gently sloping by looking at contour lines? Name two physical features shown on OS maps and explain how they appear in contour patterns (for example, spurs and valleys).

				6. In OS map terminology, what does the word 'relief' refer to? Provide two examples of how relief is shown on a map.
29 th September	Lesson 4: Oceans and Continents	To understand what continents and oceans are, and to understand how to describe the location of a country using CLOCC	https://www.thenational.academy/pupils/lessons/locational-knowledge-of-the-world/video	 Watch the video and answer the following questions in full sentences: How many continents and oceans are there in the world? Why do geographers use maps of different scales (like a map of Norfolk, the UK, and Europe)? What does the 'scale bar' on a map tell us, and how could you use it to find out how far the UK is from north to south? What's the difference between a physical map and a political map? Give one example of detail you would find on each. Name the smallest and largest continents, and the smallest and largest oceans, as mentioned in the lesson. What does CLOCC stand for, and how would you use it to describe the location of a country like Belgium or Latvia?
6 th October	Lesson 5: longitude and latitude	To understand what longitude and latitude are and to know some important examples of each	https://www.thenational.academy/pupils/lessons/latitude- and-longitude/video	 Watch the video (left) and answer the following questions in full sentences: What is the Equator, and what does it divide the Earth into? Explain the difference between latitude and longitude lines. How do they run on a map? What is the Prime Meridian, and why is it important for measuring longitude? Name two of the five key lines of latitude and state their approximate degrees. Why do we write latitude before longitude when giving a set of coordinates? Given the coordinates 40° N, 116° E, can you identify which city this refers to, and what they mean?

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	Lesson 6:	To know what	https://www.thenational.academy/pupils/lessons/world-	Watch the video (left) and answer the following questions in full
	what are	a climate zone	<u>climate-zones/video</u>	sentences:
	climate	is, what climate zone the UK is		
th	zones?	in, and to know		1. What is a climate zone?
13 th		what the broad		2. Describe the pattern of climate zones you would see on a
Oatabar		temperature		world map—where are the hottest and coldest zones
October		zones are.		located?
		zones are.		3. How does latitude (distance from the Equator) affect a region's climate?
				4. Name the three broad temperature zones mentioned in the
				lesson, and state whether they are hot, mild, or cold.
				5. Which climate zone does the UK fall into, and what are its
				general characteristics?
				6. Aside from latitude, list two other factors that can affect a
				place's climate, according to the lesson.
				place's climate, according to the lesson.
	Lesson 7:	To understand	https://www.thenational.academy/pupils/lessons/the-	Watch the video (left) and answer the following questions in full
	what is the	what the	<u>areenhouse-effect/video</u>	sentences:
20 th	greenhouse	greenhouse	g	
October	effect?	effect is and explain the enhanced		1. What is the greenhouse effect, and why is it essential for life on Earth?
		greenhouse		2. Which gases are called greenhouse gases, and what role do
		effect		they play in Earth's atmosphere?
				3. Explain how the greenhouse effect works using the example
				of a gardener's greenhouse.
				4. What would happen to Earth's average temperature if the greenhouse effect didn't exist?
				5. How have humans enhanced the greenhouse effect since
				1950, according to ice core and emissions data?
				6. What three actions could people take to reduce greenhouse
				gas emissions and slow down global warming?
				gas emissions and slow down global walling: